



Winter Adventure in Northern Iceland

7 Days



The Adventure Company | EST. 1969

MT·SOBEK[™]
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Winter Adventure in Northern Iceland

Experience the winter wonderland of northern Iceland on this captivating one-week journey. Along the way, you will soak in geothermal baths, ride Icelandic horses, marvel at Viking history, follow expert guides through the eerie darkness of the 3,000-year-old Lofthellir Cave, and snowshoe across snow-covered lava fields! Visit Goðafoss, the "Waterfall of the Gods," where locals tossed their Nordic gods away in exchange for Christianity. On the way home, bid farewell to the colorful capital, Reykjavik, and take a soothing dip in the sulfur-rich waters of the Blue Lagoon.

Details

Arrive: Reykjavik, Iceland

Depart: Reykjavik, Iceland

Duration: 7 Days

Group Size: 6-16 Guests

Minimum Age: 18 Years Old

Activity Level:



Testimonials

"Traveling with MT Sobek is like gaining a new set of close friends that have shared an incredible experience together."

Mark N.

"Exceptional trips! Go with MT Sobek!"

Mitch S.

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Why Take This Trip With Us?

REASON #01

This MT Sobek adventure features one-of-a-kind experiences like riding Icelandic horses and snowshoeing on lava fields.

REASON #02

You get to witness the best of northern Iceland in seven days: caves, lagoons, lakes, picturesque towns, and the colorful capital city.

REASON #03

This journey ends with a soothing dip into the world-famous Blue Lagoon, a natural geothermal spa surrounded by lava fields.

What to Expect



ACTIVITIES

Walking tours of charming cities, drives and hikes through pristine scenery, horseback riding, visits to waterfalls and lava caves, and soaking in natural geothermal spas.



LODGING

Designed by award-winning architects, Fosshotel Reykjavik and Myvatn are both stylish, modernly equipped hotels that feature comfortable rooms, great cuisine, and breathtaking views.



CLIMATE

Winter is very unpredictable. The average temperatures range from 26-34°F. Chance of precipitation is high, but the sunshine is also a possibility.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Ívar is a legend! He is one of Iceland's best and most active mountaineers and ice climbers, and a lead guide for all glacier and mountaineering operations of the Icelandic Mountain Guides (IMG). Apart from managing IMG's glacier walks operations, Ívar guides shorter expeditions, like the Vatnajökull Crossing Expedition, ski-touring and climbing trips. He's also been guiding some challenging objectives IMG has undertaken abroad, such as Mont Blanc, Elbrus, and Mt. Vinson. You can hike with Ívar on MT Sobek's adventure through Iceland's eastern fjords.

Ivar Finnbogason

Solvi is an experienced guide, dedicated cartophile, and a coffee connoisseur. He spends his summers in the awesome outdoors, feeling the folklore imprinted in the Icelandic landscape and looking for ever new valleys. At home, he cares for his two-year-old daughter and hones his cooking skills with the family and their many dinner guests. Meet Solvi on MT Sobek's Hiking Iceland's Magical North adventure.

Solvi Signhildar Ulfsson

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Itinerary

DAY 1

ARRIVE IN REYKJAVIK & VISIT THE VIKING WORLD MUSEUM

Your MT Sobek guide will greet you at Reykjavik-Keflavik Airport this morning. Next you will hop on a bus bound for the Viking World museum, where breakfast awaits. Immerse yourself in the ancient history and lore of this legendary land, and climb aboard the magnificent Icelander — a Viking ship built in 1996 modeled after a 9th-century Viking vessel. Then transfer to the hotel in Reykjavik, take a guided walking tour around the city center and enjoy a welcome lunch together. The afternoon and evening are free to spend at your own leisure.

Meals: B, L

DAY 2

FLY TO AKUREYRI & SOAK IN MYVATN NATURE BATHS

After breakfast, take a morning flight to the town of Akureyri, the capital of northern Iceland which sits at the head of Iceland's longest fjord. After landing, board a minibus and head further north to the Lake Myvatn area, renowned for its diverse geology and stunning scenery. Try your skills at snowshoeing here and then take a relaxing soak in the Myvatn Nature Baths, Iceland's northern Blue Lagoon. Take a few turns in the steam baths, with a water temperature hovering around 122°F.

Activity: 2-4 hours/1-3 miles snowshoeing

Meals: B, L, D

DAY 3

EXPERIENCE LOFHELLIR CAVE

Today explore the magnificent Lofthellir, a 3,000-year-old lava cave near Lake Myvatn, with astonishing ice sculptures formed by thousands of years of dripping water. During the winter season, the route to the cave can get rough due to snow and ice so it's great to use snowshoes. Hike across a rugged lava field and then head down for an underground exploration. Spend at least one hour inside the cave, taking in the ice formations, darkness and strange atmosphere inside this subterranean world.

Meals: B, L, D

DAY 4

EXPLORE THE LAKE MYVATN AREA

Go deep into the Lake Myvatn region today. Visit Dimmuborgir, an area reminiscent of an ancient collapsed citadel with its volcanic caves and rock formations. Snap on snowshoes and take a hike to the Hverfjall explosion crater, walking up the steep slopes and around the rim for otherworldly views. Take in the Grjotagja cave, with a warm river running through it, the Namaskarð geothermal wonder of steaming sulfuric mud springs, and the

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Skutustaðagigar pseudo craters at the southern shore, formed by steam explosions when boiling lava flowed over the wetlands.

Activity: 2-4 hours/3-4 miles hiking with 200-400' elevation gain & loss

Meals: B, L, D

DAY 5

VISIT GOÐAFOSS WATERFALL, EXPLORE AKUREYRI & FLY BACK TO REYKJAVIK

Head back to Akureyri today, stopping to marvel at the Goðafoss waterfall. At over 39 feet high and 98 feet wide, it cascades down from a lava field that's over 7000 years old. This is where a local chieftain declared that Iceland should no longer worship Nordic gods but instead convert to Christianity, throwing their idols into the falls — hence the name "Waterfall of the Gods." Back at Akureyri, take a guided tour of the northern capital, have lunch, and catch an afternoon flight back to Reykjavik, to explore on your own.

Meals: B, L, D

DAY 6

RIDE AN ICELANDIC HORSE & ENJOY NORDIC FUSION CUISINE

Horseback riding in Iceland in the winter season — on a hardy, sure-footed Icelandic horse — is an experience to remember, whether you are a beginner or an expert rider. Spend the morning with the horses and enjoy the rest of the day to explore Reykjavik on your own. Savor a farewell dinner with the group this evening at Fish Company, an elegant restaurant inside a former 19th-century store. Owner and master chef Larus Gunnar Jonasson conjures up culinary magic here, showcasing the Nordic fusion fare using the best that Iceland has to.

Activity: 1-2 hours horseback riding

Meals: B, D

DAY 7

SOAK IN THE FAMED BLUE LAGOON & DEPART FROM REYKJAVIK

After breakfast, enjoy a little time for shopping or exploring before you depart Reykjavik south to the famous Blue Lagoon geothermal spa. Located in a lava field, the lagoon holds six million liters of geothermal seawater, which is renewed every 40 hours. Soak in the steamy mineral waters, or get a natural massage under the powerful waterfalls, before showering up and transferring back to the Reykjavik-Keflavik Airport for departure flights home this afternoon.

Meals: B

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Dates

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Pricing

2019

\$ 9,995 per person

2020

\$ 9,995 per person

Additional Cost

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All necessary snowshoeing and horseback riding gear
- All group entrance fees, activities, and ground transportation
- Arrival and departure day group airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Lunch on Day 6
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving and departing outside of the group transfer
- Optional travel protection

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➤ **The World of MT Sobek**

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

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Awards



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